



**We'll move right in to serve you!**



**J.C.A. Food Services Limited**

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# Enjoy your meal!

## Luncheon & Dinner Combos

**1** Pasta with Meat Sauce  
• Garlic Bread  
• Caesar Salad

**2** Meat Loaf  
• Mashed Potatoes & Gravy  
• Mixed Vegetables

**3** Hot Roast Beef  
• Mashed Potatoes & Gravy  
• Carrots & Zucchini with Tarragon

**4** Hot Roast Turkey  
• Mashed Potatoes & Gravy  
• Broccoli & Cauliflower

**5** Baked Ham & Pineapple  
• Scalloped or Mashed Potatoes  
• Stringed Beans

**6** BBQ Pork Chops  
• Oven Roasted Potatoes  
• Mixed Vegetables

**7** Baron of Beef & Dip  
• Roasted Potatoes  
• Peas & Carrots

**8** Italian Sausage  
• Pasta & Sauce  
• Garlic & Cheese Bread

**9** Hot Hamburger with Gravy  
• Mashed Potatoes  
• Mixed Vegetables

**10** Salisbury Steak & Onions  
• Mashed Potatoes & Gravy  
• Sweet Corn

**11** Chicken Italian on a Bed of Linguine & Tomato Sauce  
• Caesar Salad

**12** Spaghetti & Meat Sauce or Meatballs  
• Garlic & Cheese Bread  
• Caesar Salad

**13** Lasagna with Meat Sauce  
• Garlic Bread  
• Caesar Salad

**14** BBQ Beef Short Ribs  
• Seasoned Rice or Roast Potatoes  
• Baby Carrots in Tarragon & Butter

**15** 1/4 BBQ Chicken Dinner  
• Baked Potato  
• Broccoli & Cauliflower

**16** Breaded Chicken Fingers  
• Seasoned Rice  
• Mixed Vegetables

All meals include tossed salad (except those that specify caesar salad) or dinner rolls, salt & pepper, and butter.

Also included are napkins, paper plates, and utensils.

Meals can be served buffet style or as a plated dinner.

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